#### STATE OF MAINE

Motor Vehicle Permittee's Driving Log For Persons under 21 years of age



Message from Dan A. Gwadosky Secretary of State

### Dear Applicant:

As a future driver in Maine, you are important to us. We want you to be a safe driver and to have the opportunities to realize your dreams and potential.

If you are under 21 years of age, you are required to complete 35 hours of practice driving, which must include 5 hours of night driving, and have held your permit for 3 months, before you can apply for your road test. The 35 hours of practice driving must begin after you have been issued an instruction permit. You must be accompanied by a supervising driver who is at least 20 years old and holds a license that has not been suspended or revoked over the past two years.

As you prepare for the road test to obtain a driver's license, you should consider the following:

- Motor vehicle crashes are the leading cause of death for teens in Maine.
- New teen drivers are 4 times more likely to die in a crash than adults. Injury rates for teens are 2.5 times greater than all other age groups combined.
- Young drivers comprise 12.5% of all drivers, but suffer 25% of all fatalities and 30% of all injuries.

Fortunately, these statistics can be reversed. Additional driving practice and education help to give new drivers the experience and knowledge they need to become safe drivers.

# FOR PARENTS: 35 HOURS IN THE CAR WITH YOUR TEEN

A parent or guardian must certify that the young driver has completed this driving time. However, the young driver may be accompanied by anyone who is at least 20 years old, holds a valid driver's license and who has held it for at least 2 years. Anyone accompanying the young driver must complete the attached driving log, and include his or her driver's license number. Research has demonstrated that young drivers who are accompanied by a parent during the permit period generally are safer drivers than those who do not receive this parental instruction.

Here is a suggested check list of driving skills to practice and discuss with your teen.

# A SUGGESTED CHECKLIST OF DRIVING SKILLS

	Pre-driving checks and	Navigating through
	adjustments;	intersections;
	Changing lanes;	Making accurate left turns;
	Starting, moving, and stopping smoothly;	Driving in all weather conditions;
	Making accurate right turns;	Backing-up;
	Following safely behind	U-turns;
	other vehicles;	Proper vehicle passing
	Turning around by pulling	techniques;
	into a driveway;	Recognizing danger signs
	Turning around by backing	and conditions;
	into a driveway;	Communicating courteously
	Backing into a parking	with other drivers;
	space;	Driving in bright sun;
	Parking - angle, parallel	Driving at night;
	and perpendicular (mall	Entering traffic;
_	parking;	Signaling;
Ш	Adjusting speed, position,	<u> </u>
	and passing on highways;	Anticipating actions of other
	Scanning at intersections;	drivers.

#### TIPS FOR SUPERVISING A YOUNG DRIVER

- Provide a safe motor vehicle for practice sessions;
- Fill out a driving contract with your teen that makes all your rules and consequences very clear;
- Set a good example when you drive - be a calm and courteous driver and wear a seat belt:
- Discuss with your teen the route you will take, the skills you will be working on, and the goals for the lesson;
- Take your teen out for driving practice under as many different road and weather conditions as possible;

- Encourage your teen to talk aloud about what he or she sees and plans to do while driving;
- Give simple and clear directions:
- Use a calm tone of voice;
- Give your teen a chance to point out his or her mistakes before you do;
- Praise your teen for what he or she did correctly;
- Meet with your insurance agent - research shows that teens who pay a portion of the insurance are likely to be more responsible drivers.

# FOR YOUNG DRIVERS: RULES FOR THE ROAD

- Drive sober. For persons under 21, there is "0" tolerance for blood alcohol level. Violation of this law will result in the loss of your license for a minimum of one year;
- Always wear your seat belt;
- Always drive with your headlights on - you will have a better chance of being seen;
- Be a defensive driver don't tailgate;

- Focus on your driving keep your eyes on the road. Loud music or talking on the phone can be a distraction;
- Limit the number of passengers in your car. The law allows only as many passengers as seat belts;
- Never let friends drive your car. If they crash, you or your parents could be sued and be found responsible for any damages.

# **Road Test Application and Driving Log**

(Please Print)

Your Name:			
Street:			
City or Town:			
Date of Birth:			
	I am requesting a	road test for the following licen	ise:
	Class C	Class B	Class A
			T

To be scheduled for your road test, complete and detach this Road Test Application and Driving Log and send it to the following address:

> Secretary of State Bureau of Motor Vehicles **Examination Section** 29 State House Station Augusta, Maine 04333-0029

### Please keep a copy of this log for your records.

## **Driving Log**

Date and Time	Number of Driving Hours	Number of Hours of Night Driving	Supervising Driver's Name and Age	License Number of Supervising Driver
		,		

TOTAL HOURS OF PRACTICE DRIVING	Date and Time	Number of Driving Hours	Number of Hours of Night Driving	Supervising Driver's Name and Age	License Number of Supervising Driver	
CERTIFICATION OF DRIVING TIME  The parent, guardian, or spouse must certify the permittee's driving time. When the permittee has no parent, guardian, or spouse, an employer may certify the driving time.  I hereby certify that the permittee named on this form has completed 35 hours of actual driving which included 5 hours of night driving.  Falsification of this driving log is a Class E crime.  Print Name  Relationship						
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